

PRIMARY SPORTS GIANTS OUTDOOR LEARNING: KNOTS



TOPIC PROGRESSION	OUTLINE OF LESSON	KEY FOCUS POINTS
Reception	To explore using rope/cordage safely.	E.g: <ul style="list-style-type: none"> ● Manipulate ropes into shapes ● Manipulate ropes into numbers ● Manipulate ropes into letters ● Create a simple bend in the rope
Year 1	To develop basic rope tying skills.	E.g: <ul style="list-style-type: none"> ● Overhand knot ● Untie a knot ● Tie several knots on one rope ● Start to tie a shoe lace ● Explore selecting correct lengths or sizes of ropes for a purpose
Year 2	To explore more complex knots and coiling.	E.g: <ul style="list-style-type: none"> ● Can coil and store rope ready for the next person to use it ● Can tie a timber hitch knot ● Can name the working end, bend/bite and standing end ● Can explore using tension ● Can play safely with a rope

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<p>Year 3</p>	<p>To explore using a rope with a partner and small group.</p>	<p>E.g:</p> <ul style="list-style-type: none"> • Can use a rope to lash (tie 2 or more items together) • Can tie own shoe lace • Can work as a team to tie knots • Can explore tying a clove hitch knot • Can safely play with others and ropes
<p>Year 4</p>	<p>To explore using a rope to play games in a large group.</p>	<p>E.g:</p> <ul style="list-style-type: none"> • Can play games using ropes safely e.g. lizard tag, tug over war/ power pull, maize • Can use appropriate knots for shelter building- simple steps to create a teepee • Wrapping and frapping • Can tie 3 different knots and know their uses e.g over hand not = stop Knot, Timber hitch = anchor knot, Square lashing = lashing 2 poles in a cross
<p>Year 5</p>	<p>To show a clear understanding of using the rope individually safely and effectively.</p>	<p>E.g:</p> <ul style="list-style-type: none"> • Guide others on using and storing ropes safely • Can inspect ropes to ensure they are safe • Can show others how to tie basic knots and explain their uses • Can lash a Tripod
<p>Year 6</p>	<p>To show an understanding of basic knot work to others through evaluation.</p>	<p>E.g:</p> <ul style="list-style-type: none"> • Can mend, fix and adjust ropes • Show others and evaluate knots when building shelters

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| | | <ul style="list-style-type: none">• Can make a structure to support own body weight using specific knots |
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USEFUL LINKS:

<https://www.animatedknots.com/>

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